

## **FAUQUIER HEALTH REHABILITATION & NURSING CENTER**

### **ADMISSION CRITERIA/SCOPE OF SERVICES**

Fauquier Health Rehabilitation & Nursing Center (FHRNC) provides care consistent with skilled nursing best practices, including skilled nursing care; physical, occupational, aquatic and speech therapies; laboratory services; and other specialized services when needed, like respite care, intravenous and respiratory therapy, hospice care and more.

Our goals are to achieve rapid progress with high-level functional outcomes for our rehabilitation patients and to provide quality, long-term care that is guided by the individual's wants and needs.

FHRNC does not discriminate based on race, creed, sexual orientation, or impairment. Our staff members make special efforts to understand and respond to individual needs based on cultural diversity, ethnicity and other specific needs.

Though each individual's needs will vary, the admission criteria and services available are the same for short and long-term care services

#### **REHABILITATION:**

For admission, the patient must be nursing home eligible - as determined by the interdisciplinary team including; the director of nursing, nurse clinical coordinator, director of admissions, and administration; and they must meet admission criteria

Admissions to the rehabilitation program may have medical diagnoses such as, but not limited to:

- New onset cerebrovascular accidents
- Congestive Heart Failure (CHF) requiring nursing care
- Chronic Obstructive Pulmonary Disease (COPD) requiring nursing care
- Joint replacements
- Wound care of varying complexities and etiologies
- Multiple Trauma
- Tracheostomy Care
- Pain Management

Once a patient is determined appropriate and is admitted, an interdisciplinary care team, including the patient or resident, determines his or her abilities, and defines goals for working toward functional independence. Medicare and skilled services will be provided, based on current Medicare guidelines.

#### **Long-Term Nursing Facility -**

For admission, the patient must be nursing home eligible - as determined by the interdisciplinary team including; the director of nursing, nurse clinical coordinator, director of admissions, and administration; and they must meet admission criteria

**NOT Eligible Criteria** - Patients who CANNOT be admitted to Fauquier Health Rehabilitation & Nursing Center includes, but not limited to those who are:

- Diagnosed with an addiction to alcohol or narcotics.
- Unruly and disruptive to others or themselves, as determination by the director of nursing, nurse clinical coordinator, director of admissions, and administration.
- Requiring invasive monitoring or immediate physician access
- Harboring infections for which appropriate isolation would not be possible
- Diagnosed with active tuberculosis
- Diagnosed with a major mental diagnosis that does not pass a Mental Illness/Mental Retardation Level II screening.
- Pregnant.
- Under age 14

### **Discharge Criteria**

Prior to admission, and again on admission, an estimated length of stay is determined for each resident. Residents can be transferred within the facility or discharged from the facility if they no longer meet the criteria for the facility.

Criteria for discharge includes, but not limited to:

- No longer meets admission criteria
- Unable to meet their financial obligations to the facility.
- FHRNC is no longer able to provide the level of care and services required for the health and safety of the resident or patient.

### **Discharge Options**

- Discharge to a home setting, with or without home care assistance, based on the care needs of the resident or patient or the ability of care givers to provide care.
- Transfer to a lower level of care if their condition has improved to the point of no longer requiring current services.
- Discharge to a hospital if the patient's condition intensifies to the point that FHRNC is unable to meet the patient or resident's intensity of clinical or rehabilitative needs.